

Anchoring Your Fleshlight and Vibrator for Hands-Free Arousal

Fleshlights

Attaching to Furniture

- Tuck the Fleshlight into a chest of drawers. Pull a drawer out at genital height. Stuff the Fleshlight rolled in a blanket into the empty drawer space. Support it with pillows on either side.



- Tape or strap the Fleshlight to a massage table or other piece of furniture.



- Tape it to a table at genital height.
- Use a vise from your workshop.

Commercial Mounts

- [Fleshlight Shower Mount](#): there are many companies offering variations on the Fleshlight and ways to mount them. The difficulty with the Fleshlight shower mount is that it needs to be on a smooth surface, such as glass or metal. Another difficulty is that you are facing a wall when using a shower mount.



- [Liberator Mount: Top Dog](#) - The Liberator Top Dog is an excellent mount for standing practices.

Vibrators

Attaching to Furniture

- Tape or strap the vibrator to a massage table or other piece of furniture.



Commercial Mounts

There are dozens of commercial mounts available. Most are made for a woman kneeling and will need to be repositioned for standing practices.

- [The Liberator](#) has a variety of vibrator mounts.
- Gooseneck mount. Although used by one of the healthy porn watchers, we found that the gooseneck mount does not support intense movement or thrusting.

If you are going to regularly do hands-free arousal practice, it is time-consuming to anchor your Fleshlight/vibrator before each session. Regular practitioners create a place in their homes with a permanent setup for easy access.

It is important to find the optimal height for thrusting into your Fleshlight/vibrator. Even one inch can make a difference in your hands-free pleasure. You can adjust the height by adding a book or two under the Fleshlight/vibrator when attaching it to a table. You can also adjust your point of contact by standing on a blanket or mat.